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Sea Gulls start victorious in the new year
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THE FLYER

Salisbury University's student voice

Volume 42, Issue 2

February 12, 2013

Online exclusives at www.thesuflyer.com

SU faculty member runs for City Council

BY JUSTIN MCCLURE
Staff Writer

Salisbury University's Jacob Day has recently pursued a new undertaking that places him at the helm of political activism and debate.

Day may be deemed a Renaissance man for his "been there, done that" way of life, and he has another endeavor to add to his résumé. After growing up in the Camden neighborhood of Salisbury, attending the University of Maryland, Carnegie Mellon and Oxford, and serving as a lieutenant in the army, Day is running for Salisbury City Council.

His agenda is simple, noticing a lot of potential surrounding both the university and the town he has mapped a clear course of action if elected.

"I feel a need to restore three aspects of the community," Day said. "[We] must restore pride in the town, reestablish prosperity, and unify citizens with politicians; everyone must work together and make an effort."

Day said the heart and soul of the community, downtown Salisbury, is his biggest concern, and he feels a need to concentrate his efforts into making it a safer, more business oriented town.

"If people see that government officials are not willing to make an investment in the city, neither will they," Day said.

He plans to enact legislation that will provide basic community services, entertainment, walkable, pedestrian friendly streets, buildings close to streets with maximum lot coverage, but above all

See **JACOB DAY** on Pg. 2

Busted: Local restaurant caught selling alcohol to minors

BY SARAH KRAUSS AND BRIANNA BISHOP
News Editor and Staff Writer

Local student hot-spot Plaza Tapatia failed an alcohol compliance check conducted by the Wicomico County Task Force as a result of illegally selling alcohol to a minor during a January inspection.

The task, called "Operation Spot Check," visited 21 businesses in Wicomico to determine if businesses were properly carding patrons who attempted to purchase alcohol; Plaza Tapatia on South Salisbury Boulevard was the only to fail the routine check involving Maryland State Police cadets.

Plaza Tapatia, founded in 1982, is a nine-restaurant chain on the Eastern Shore and advertises that it "proudly serves authentic Mexican cuisine with prompt, friendly service," according to its website. Students are drawn to the establishment for its reasonably-priced cuisine and bar.

Tasks force like these occur multiple times throughout the year in Wicomico County in an effort to eliminate underage drinking. Restaurants face repercussions for failing the check, including expensive fines and possible liquor license suspension, two consequences which could damage the financial prospects for Plaza.

SU students, however, are not surprised by news of the failed check. Many students associate Plaza with pitchers of margaritas and lenient I.D. requests.

"This incident doesn't surprise me," said Fawn Nicholson, SU junior. "I go to Plaza every week with friends for happy hour and most of the time, we are never carded. I think something like this was bound to happen."

The same sentiment was expressed by 42 students who participated in a self-selected survey. Forty-five percent of students said that they have ordered alcohol at Plaza without a

server requiring an I.D.

Because of the restaurant's close proximity to SU's campus and the large number of students who attend happy hour weekly, a loss of license

may decrease the number of student consumers

See **PLAZA** on Pg. 2



Lindsey Swink graphic

'Adventures in Ideas' explores Nixon's presidency and celebrates the 1970s

BY JESSICA BRANNOCK
Staff Writer

Most people are familiar with the forerunners of '70s popular culture. Led Zeppelin was the top rock band and every boy had a Farrah Fawcett poster in his room.

Despite 40 years of changing fads and styles, people are still fascinated by the groovy era. Salisbury University's 'Adventures in Ideas' humanities seminar series asks what defines the 1970's and makes the decade appealing to people today.

Perhaps the best answer can be given by Dean Kotlowski, a history professor at SU for the past 13 years.

Kotlowski defined the era as "the decade of contrasts; a time of excitement, bell bottoms and avocado green refrigerators. There was Saturday Night Live, Saturday Night Fever and the Saturday Night Massacre—where President Richard Nixon dismissed

several government officers during the Watergate Scandal."

The 1970s was a time of great political and cultural change in the United States. The influence of the decade has spanned the last 40 years as the nation has been shaped by the decisions of past leaders. Much of the country's political mechanisms today were rooted in Nixon's domestic and foreign policies.

This is evident in "the domestic record he left of conservative words and rhetoric, patriotism, law and order we have today that was juxtaposed against his liberal policy," Kotlowski said.

It is no surprise Nixon is the focus of the majority of Kotlowski's work.

In 2011, the Richard Nixon Library sponsored a panel discussion entitled "Understanding Richard Nixon and His Era: Domestic Policy." Kotlowski appeared as a panelist and the discussion was filmed and



Stock Photo

Professor Dean Kotlowski has been featured on C-SPAN for his work on the presidency of Richard Nixon.

See **KOTLOWSKI** on Pg. 2

EDITORIAL

Volume 42, Issue 2

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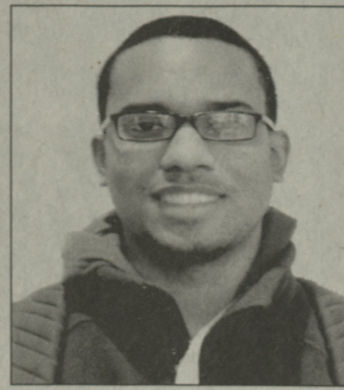
Overheard: What are your plans for Valentine's Day?



"I plan on eating a bunch of chocolates and having a sing-off with the roommates"
-Mercy Ochieng, Senior



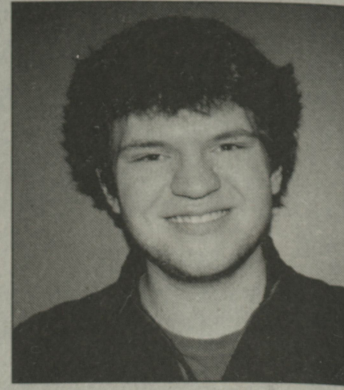
"Chipotle and Die Hard."
-Jimena Lazarte, Junior



"Throwing a program in TETC for my residents; Valentine's jeopardy with lots of candy."
-Steven Graves, Junior



"Doing homework!"
-Crystal Wiggins, Junior



"I'm surprising my girlfriend with hand-delivered roses at her school."
-Jake Moss, Sophomore

Valentine's Day for "Friends with Benefits"



BY BROOKE OEHLE
Staff Writer

As I walk into the local Wal-Mart, I am instantly engulfed into a sea of red and pink. Cards with hearts and roses lined the

aisles, each one filled with the perfect message for that special someone.

The next aisle over contained every teddy bear imaginable with a generic "I love you" heart. Even the produce section was well stocked with roses and carnations. The candy aisle was like being in Willy Wonka's Chocolate factory, every heart-shaped chocolate known to man was perfectly presented with the foil wrapper calling the name of every shopper. The bakery section was equipped with everything from cookies to personalized cakes with heart shaped sprinkles and all.

Roaming each aisle, thoughts may come to mind, "To buy something or not to buy something?" "Are we even that serious?" "I don't think he/she sees me like that."

Welcome to the world of "Friends with Benefits." In the world we live in today every college student has heard of this ever growing phenomenon that has given every boy or girl a reason not to be official or a title to justify their actions. This however, can be confusing because although we all hate to admit it, feelings are bound to arise.

This common interaction has become so popular, Hollywood has even banked in on this newfound "relationship." My question is, should Hallmark too?

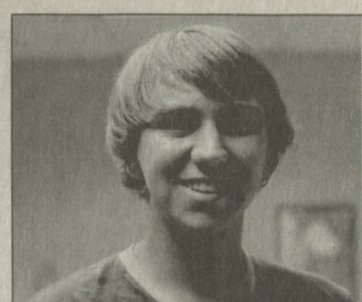
With the way in which our society works today the title of "Friends with Benefits" is an everyday term. Think about it. Either you or someone you know has this kind of "relationship." It could be your best guy friend that knows all your secrets and things get heated from time to time, or the girl you come to for everything and sometimes a little more.

This time of the year leads those that you thought of to think of their place in this crazy world of "friends with benefits." I am not a relationship expert by any means but I feel like in the area of this newfound relationship status there definitely is a fine line.

Valentine's Day is a day to express your feelings to your significant other, I would consider "friends with benefits" significant. So what, you can't exactly update your relationship status to "Friends with Benefits with so and so" on Facebook, but the connection is more than that of just friends.

So, do you buy those chocolates or the card that made you think of your special "friend"? Is a casual dinner invite on that night too much? I honestly don't know. All I am trying to bring about is the fact that there is an ever growing population of our society that takes part in this type of "relationship." Would celebrating the upcoming holiday be that much of a crime?

My week on food stamps



BY STEVEN CENAME
Editorial Editor

Even in the wealthier counties of the state, many working class families have to depend on local government assistance to put food on the table.

Citing inspiration from Newark, N.J. Mayor Cory Booker's week on food stamps in December, Montgomery County Councilwoman Valerie Ervin ran the SNAP the silence challenge during the week of Feb. 4. SNAP the silence is an exercise where participants go five straight days living on only five dollars of food per day, which is 72 cents more per day than the average person on the Supplemental Nutrition Assistance Program (more commonly known as food stamps) in the state of Maryland receives in food benefits.

So, as a lifelong Montgomery County resident, I figured I would take on Councilwoman Ervin's challenge. To say one thing, the 72 extra cents that I was allowed to spend and still stay true to the challenge made a huge difference. What made the challenge a little more difficult for me was not using the grocery store every day, which is where most people on food stamps would buy their food. Instead, I limited myself to two meals a day: a late breakfast and a medium-sized dinner.

A college student living on food stamps would miss out on a lot of benefits at Salisbury University. For example, I decided to have a Cool Beans smoothie on the Tuesday of the challenge. However, I was only left with two dollars for the rest of the day after I had the smoothie, so a student on food stamps would rarely get the opportunity to go to Cool Beans. And forget about

Gull's Nest unless you want that to be the only thing you eat that day.

On most days, I had a bagel for breakfast, an apple in between classes, and a small, inexpensive dinner. A nutritionally limited diet is common for people on food stamps, and is often a reason why lower-income Americans tend to be more susceptible to health and dietary problems.

In fact, on the last day of the challenge, I only had one dollar left for dinner, so I decided to get a hamburger off the McDonald's dollar menu. Eating out for people on food stamps is limited to mostly unhealthy, fast food establishments. Studies have shown that lower income Americans attend fast food restaurants three to five times more frequently than average and above-average income Americans.

SNAP the silence is definitely a challenge that citizens should all decide to take. By limiting your food budget to five dollars a day, you get a greater understanding of the viewpoint of the poor in our country, and that living on government assistance is a far cry from the walk in the park that many in the media portray it to be.

It makes you wonder what a mother in between jobs needs to sacrifice to make sure her child is not crying in the middle of the night because he's hungry. It makes you wonder how a child must feel not being able to take part in some of life's best treats, like a watermelon, a slice of chocolate cake or a Fractured Prune donut.

However, SNAP the silence is about more than just living on five dollars a day; it is about fostering a stronger community for the less fortunate in our society by helping them get back on their feet and providing good jobs for the people of our state.

When discussing the program's message, Ervin quoted former presidential candidate Ralph Nader.

"When strangers start acting like neighbors, communities are reinvigorated," Ervin said.

The purpose of the program is to become neighbors to the less fortunate in the community. By walking a mile in their shoes, you are no longer strangers.

The Flyer

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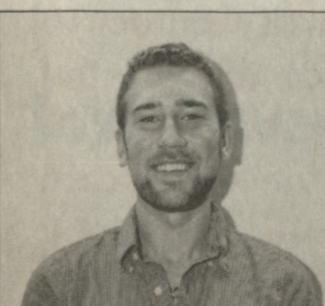
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The Flyer strives for accuracy and corrects its errors immediately. If you believe The Flyer has printed a factual error, please email us.

Added surcharge on credit cards will hurt consumers and the economy



BY TYLER GRAY
Staff Writer

As most people know, when a consumer uses a credit card at any

retailer the credit card company charges the retailer an interchange or "swipe fee." This is the fee that retailers pay the credit card company to process the transaction and to get their money.

This fee can be anywhere from 1 to 4 percent of the transaction. Credit card companies had prohibited merchants adding on a surcharge until just last July when a long-term case action lawsuit from retailers changed that.

As part of a \$7.2 billion settlement from several credit card companies, retailers are now allowed to charge consumers for the "swipe fee." This would result in higher prices from any re-

tailer just for using your credit card, which a lot of people are already skeptical of using due to changing interest rates and horror stories from the Internal Revenue Service.

While this may help small businesses turn a profit across the board, large-scale retailers and companies honestly have no excuse to add the surcharge. Either way, with prices already higher than normal and just on the brink of coming back down, an added 4 percent surcharge from retailers everywhere would only further hurt the economy and all consumers who use credit cards.

However, there is a silver lining to this story. A number of large retailers such as Wal-Mart, Target, Macy's, Sears, McDonald's, The Gap, JC Penny, Neiman Marcus, Home Depot and Lowe's have all pledged to not implement the checkout fee. In fact, many companies are confessing that they have no desire to surcharge the customer, nor do they have any plans to.

Many retailers say that since the larger companies aren't doing it, passing on the surcharge to the customer would put them at a competitive

disadvantage and ultimately lose them profit and consumer loyalty.

Passing on the surcharge is also still not allowed in California, Colorado, Connecticut, Florida, Kansas, Maine, Massachusetts, New York, Oklahoma and Texas. However, retailers in Maryland are allowed to pass the surcharge onto their customer, which may result in many Maryland residents noticing a small fee following the tax on their receipt just because of using a credit card, creating higher prices all around for any retailer that adds the fee.

My advice is to pay attention when using your credit card from now on and always ask before you use it if the company passes on the surcharge fee. Another tactic is to carry cash on yourself at all times in case you encounter a place that has the surcharge fee. Ultimately, I would try not to worry about it every time you need to buy something, but keep an eye out for retailers trying to tack on an extra 4 percent to your bill, especially on larger purchases.

THE FLYER

EDITORIAL

Prisons Correct Through Book Discussions



BY AJIA ALLEN
Staff Writer

Inmates receive the freedom of thought provoking conversation through Salisbury University's Eastern Correctional Institution Book Discussion program sponsored by the philosophy department and the prison.

Westover's prison houses convicted felons, murderers, sexual assault perpetrators and thieves serving minor to life long sentences. ECI's facilities are dedicated to appropriate levels of security to accommodate the prison.

Rather than just punishment and maltreatment for the prisoners, ECI also offers opportunities for actual correction. The Maryland Department of Public Safety and Correctional Services maintained one of the largest prison industries based on volume of sales through the Corrections Department.

The goal is to encourage inmates to rehabilitate themselves in order to decrease their chances of returning to prison upon release. ECI's Book Discussion Program enables the inmates to rehabilitate their thinking.

Students of all majors are able to participate in weekly discussions during sessions that accom-

modate student schedules. Student groups of three lead the initiative to illuminate the works of influential authors such as Shakespeare, Descartes and W.E.B. Du Bois.

Likewise, for the inmates, participants receive the opportunity to enlighten themselves. ECI's program is a motivator for non-judgmental feedback from both sides of society.

Each discussion welcomes about 10 male inmates prepared for available literary stimulation with SU students. Sharing thoughts and ideas and having them be accepted is a rare luxury for these inmates who do not claim any freedoms.

All students searching for a volunteer service may apply to the program via a simple application of five questions and two recommendations from professors. Applications must be submitted to the office of Grace Clement located in the Philosophy House.

ECI's program stands to lead the perception of society's underbelly away from being regarded as just inmates, but as men and moreover as humans.

For further inquiry, students may attend the interest meeting that will be held Feb. 12 at 3:30 p.m. in the Philosophy House or contact Clement via e-mail.

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CORRECTION: In the Feb. 5 issue of The Flyer it was printed that the new student outreach program, "Let's Talk," would offer sessions at Cool Beans. The program is still deciding where to hold sessions, and Cool Beans is not one of the locations being considered.

ADVENTURES ABROAD

Winter in Ecuador

BY JASMINE CLAY
Photo Editor

Kissing a stranger on the cheek might be a form of harassment or forwardness here in the States, but in Ecuador, I quickly learned that it was a means of saying 'Welcome.'

I was welcomed into the beautiful, warm country of Ecuador late Wednesday night, the night after Christmas. That's right, Christmas Day was spent rushing around to exchange gifts and hugs with extended family and concluded with lots of packing and double-checking of lists and identification.

Just my luck, I woke up to fresh snow outside on Wednesday morning and was even more anxious about the roughly 7-hour plane ride ahead but alas, our group of Salisburians (and two others from Towson/UMBC) arrived safe and sound in Guayaquil, Ecuador and quickly learned that a kiss on the left cheek is a common friendly greeting.

The language barrier was nothing that my previous semester of Spanish 102, the use of Google Translate and upper-level Spanish friends couldn't help me with. Culture shock increased when we were reminded not to flush toilet paper but instead place it in the trashcan, not to drink tap water and not to eat ice or fresh fruit or vegetables without thorough washing.

I was in Ecuador for a four-week study abroad Communication Arts 399 course, but nonverbal communication would teach me the most during this trip. Within the first few days I realized how extraordinarily rich the natives were, but not in the way we think of in the States. They were rich with happiness, simplicity and family unity.

After school hours I would see

tons of children hanging out at their parents shop, and families were always running errands together. I had the pleasure of staying with a host family of seven people, including three generations. Life with my host family revolved around meal times.

The whole family was present at almost every meal. Lunch was the biggest, around 1 p.m. and consisting of a large, hearty soup with popcorn and then a full plate of rice, chicken, salad and more. Diners were much later, around 8 p.m. and very light. Beverages were always made fresh.

One of my favorite things about the trip was the traditions and festivities. Ecuadorian New Year's Eve is mind-blowing, literally. Muñecas, 'dolls' stuffed with straw or paper, are set on fire and symbolize burning away everything bad from the previous year and wishing good luck on the New Year, more or less. Wearing yellow underwear, eating a spoonful of peas and running up and down the street holding a suitcase may or may not increase your good luck.

All in all it was a fabulous time and I never knew what to expect next. Study abroad is just one of those things you ought to do in your 20-something years if you are willing and able. Never would I imagine that I would go snorkeling, pet a huge sea turtle, try guinea pig, hike through El Cajas, see the Incan ruins or attend spiritual ceremonies and play music with the indigenous people of Saraguro.

My next travel destination plan for the summer is Hawaii. Who knows where the wind will blow me next!



Jasmine Clay photo
Clay at a park in Ecuador that lies 4,450 meters above sea level.



Jasmine Clay photo
Jasmine Clay and the group of SU, UMBC and Towson students in Guayaquil, Ecuador.

SU grad Murphy shows "Self Portrait" art series

BY AMANDA BIEDERMAN
Gull Life Editor

Walk through the second floor of the Guerrieri University Center and you'll see a girl staring boldly at you, her arms crossed and her expression pensive.

The painting, entitled "Self Portrait," is a series of paintings created by recent Salisbury University graduate Caitlin Murphy, who left SU in December 2012 with a degree in graphic design and a minor in marketing and management.

Murphy said the show is a collection of some of her most recent work, which have helped her develop what she calls her "painting philosophy."

"They include friends and family portrayed in specific memories as I remember them, but also portrayed in ways that are classic and emotional," Murphy said.

Murphy said she paints mostly people, and that the images come from her own personal relationships and experiences. However, Murphy said she believes her artistic themes are universal and relatable.

"I think even though my pieces stem from my own unique experiences, people can relate to them because the faces of my models are usually obscured or not in the paintings at all," she said. "The anonymity forces emotion to show through color, light and body language, which are universal and allow people to experience my memories and emotions or make their own interpretations regarding them."

Murphy said she plans to pursue a career in advertising graphics. However, painting has become a major part of her life, and she doesn't plan to stop anytime soon.

"Though I came to be a painter by chance, it's become a passion of mine," Murphy said. "I hope to continue to show my paintings on the side."



Ashley Stesselman photo
SU alumna Caitlin Murphy stands next to her "Self Portrait" and other works displayed in the University Center Art Space above Cool Beans cafe.

Student tackles body image, loses weight

BY LAUREN BURK
Staff Writer

Over one-third of young females are uncomfortable with their body weight, according to a 2009 study by BioMed Central, and the phenomenon is beginning to spread to even younger girls.

For Salisbury University sophomore Hannah Benden, the self-consciousness began her junior year of high school, when she was at her heaviest weight ever.

Benden would hear people make comments, which she said was devastating for her. One day Benden and her friend went shopping at Victoria's Secret, and the lady helping them in the dressing room told Benden that she should go look at a "big girl store."

This was the last straw for Benden that finally made her decide that she couldn't take

it anymore. She decided to stop the "vicious cycle," as she called it, and lose the weight.

Benden admitted that her main motive behind wanting to lose the weight was society-based, noting that she felt compelled to live up to the ideals of American culture on how women should look.

Benden started to lose the weight during her senior year of high school. Her mom went on Nutrisystem with her, where she lost 10 pounds. However, few people can afford to buy the meals off of Nutrisystem or other diets for the rest of their life.

"(It) just wasn't logical," Benden said.

Once dieters stop, they often gain all the weight right back, which is exactly what happened to Benden. To truly become healthy, she knew she would have to make a lifestyle change. And in the end, it wasn't too complicated.

"All I did was cut back my portion sizes

and eat healthier," Benden said. Just by making these small changes, Benden lost 60 pounds by the time she went off to college.

Benden said exercise was never her forte but that once she enrolled at SU she started working out more frequently, which is a key factor to a healthy lifestyle.

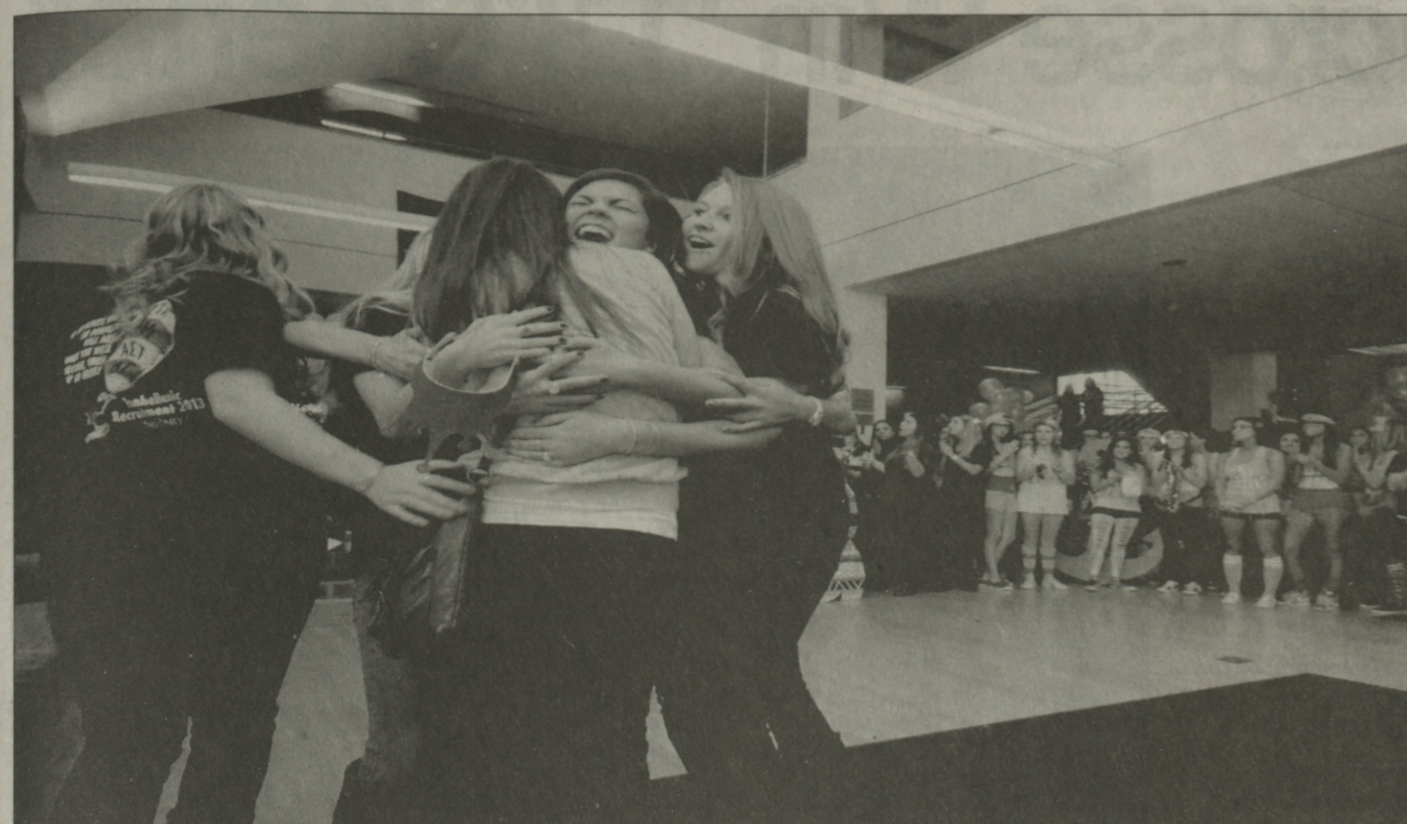
Benden admitted that it has been a bit of a struggle at college with the food choices here, the number of fast food restaurants around campus, or simply just wanting to order a pizza with friends. However, she has stayed on track with her lifestyle and maintained her weight loss.

Flyer Health Tip: Make a Salad
This salad from Food & Recipes is low-calorie and filling enough to be its own meal. All ingredients can be found in The Commons.

Ingredients:
• 1/2 cup mayo
• 1/4 tsp salt
• Pepper to taste
• 12 oz chunk light tuna
• 1/3 cup red onion, diced
• 2 stalks celery, chopped
• 8 cups spinach
• 1 pound tomatoes, wedged

Directions:
Mix the mayonnaise with the salt and pepper. Add tuna, red onion and celery. Combine. Serve on spinach, topped with tomato.

Sororities recruit, gain sisters



Morgan Eggink photo
Members of Zeta Tau Alpha excitedly rush to greet one of their newly bidden members on Sunday's Bid Day celebration.

BY EMILY OUTTARAC
Staff Writer

Salisbury University's sororities buzzed with excitement as they held formal recruitment this past weekend.

"Recruitment is one of the most exciting times for us," said senior Nicole O'Connor, the Collegiate Panhellenic vice president. "While it takes a lot of planning, hard work, some tears, late nights and problems, I know that in the end it's all worth it to have excellent new members for each sorority."

The Panhellenic Council consists of representatives from the four chapters at SU: Alpha Sigma Tau, Zeta Tau Alpha, Phi Mu and Delta Gamma. They aim to guide the Panhellenic Association towards Greek sisterhood, O'Connor said.

Over 200 girls participated in "Oh, The Places You Can Go," which is this year's formal recruitment theme.

The events included an info night and philanthropy night, where each sorority gave an overview of themselves and their philanthropic projects. The third event of the week was skit night.

Preference day was dedicated to each girl having one-on-one time with her top 2 favored sororities. The final day of formal recruitment was bid day, where each girl got to find out which sororities she receives a bid from to join. This year, by bid day each sorority welcomed around 34 new members.

Sophomore rushee Julia Howser said she is interested in Greek life because she admires the themes of sisterhood and loyalty.

"Because I went to an all-girls high school, I've always valued sisterhood, so I'm excited to feel that same sense of sisterhood again," Howser said. "I also want to take advantage of the great leadership and service opportunities that being in a sorority provides."

Collegiate Panhellenic Recruitment Director and senior Ashley Housel said the experience of sisterhood has been very rewarding throughout

her college experience.

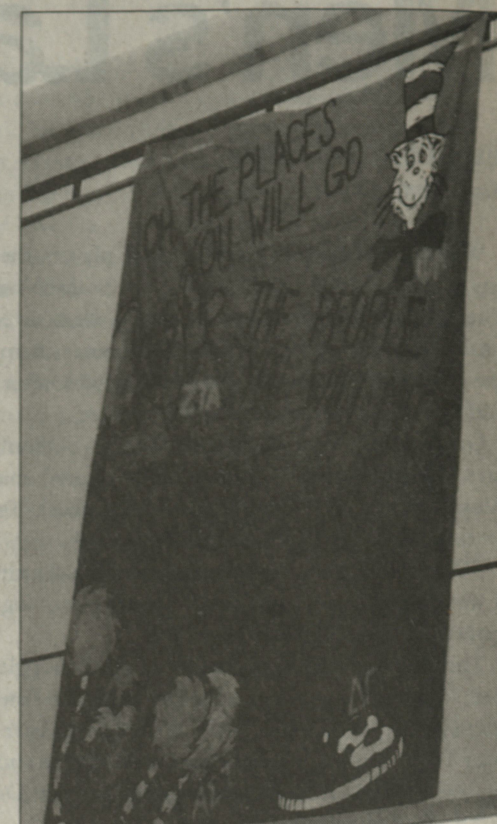
"I have also met some of the greatest people in the world and have made lifelong friendships," Housel said. "The biggest part of being in a sorority to me is knowing I have hundreds of people who have my back."

O'Connor said sisterhood isn't the only goal the sororities have set for Greek life. Other goals include growth in the Greek population and an increase in philanthropy work in the community.

"I would like there to be no divide, but for people to work with Greeks to make a difference on this campus, community and country," she said.

Regardless of any divide, Housel said recruitment is about finding which sorority is the best fit for each girl and the bond between these women.

"No matter the letters, we are all Greek together," Housel said.



Morgan Eggink photo
The Panhellenic Council's Formal Recruitment "Oh, The Places You Can Go" theme banner.

Australian author shares advice, inspiration

BY ASHA AZARIAH-KRIBBS
Staff Writer

Australian young adult and children's author Susanne Gervay discussed her books, newly released in America, and shared her writing secrets with Salisbury University last week.

Gervay said her inspiration comes from reviewing her own life, writing things "close to (her) heart."

Gervay said she bases her characters and situations from her own life. She said her story "I Am Jack" features her son in situation and disposition, if not in name.

"Jack is a normal kid," she says. "He's an inventor. He loves and defends his sister."

But despite his good points, Jack becomes the scapegoat of

his peers' attention. He is intelligent and witty, but badly abused by other children.

Despite this far from amusing scenario, Gervay said when dealing with a subject like bullying, an author "(needs) to use the gift of humor and of life." After all, bullying itself does not start out as a serious issue. It "grows little by little, till it grows out of control," mostly beginning as a harmless joke and then becoming sadistic habit.

"I Am Jack" is a book about, as Gervay puts it, "the issue of power abuse." She denies the usefulness of telling children to ignore bullying, to respond neither with anger nor weakness, because "if I'm being attacked and ignore it, I'm going to be killed." Being bullied inspires a sense of desperation and help-

lessness.

"A lot of times...you say, 'What's wrong with the kid? Can't he fight it?' Well, he can't," Gervay said.

A victim of bullying doesn't need scolding but support, Gervay said. One of the most important points in interacting with a bullied child is never to let him or her feel isolated.

"Whenever a kid goes out to speak to a teacher or parent and is told, 'Go away,' the kid believes you don't care," Gervay said.

This is the worst possible outcome in a situation where the child is losing confidence, where the bullies themselves look at their victim and "(forget) he is a person."

"Bullying will always exist because we are human beings...people will always want

power," Gervay said.

She said her hope is that "I am Jack" will allow kids to "relate to those who are bullied...they will come up with the answers (to bullying)...and bring about a culture change."

Gervay's latest book is "Butterflies," a young adult novel that addresses life from the point of view of a severe burn victim. "Butterflies" addresses a social hurdle in the lives of people who, while not bullied, face discrimination because of their appearance. Gervay said she has spent quite a lot of time in hospitals, getting to know burn victims.

"At first, I couldn't see past the burns," she said. "You might feel horror, you might feel pity, but all you see is the burns, not the person underneath."

With time, Gervay said she was able to see past external injury. Her book shows the human side of these individuals whose condition causes them to live in constant pain, sometimes barely recognizable beneath scarring and critical surgery as human beings.

Gervay said she hopes her books will become as popular in the United States as they are in Australia. She said she believes that what makes her stories attractive to children is her honesty and her decision not to disguise situations for anything other than what they are: serious, sometimes tragic, but holding out an element of hope. She writes her books to influence children in working towards a better world, as they "travel with (them) on the great journey of life."

Dining Review

“★★★★★”

BY RACHEL THURMAN
Staff Writer

Serving organic coffee and a great experience, Rise Up Coffee House sits about 1.5 miles from campus on Riverside Drive.

As I pulled in I realized there was a drive-through service and only two parking spaces. I went inside to find there was no place to sit and barely any room to stand with only three other people inside.

Besides the small space, Rise Up was perfect. It had that quaint coffee shop feeling that everyone expects from an independent coffeehouse.

I ordered a medium caramel mocha with a sin-a-muffin, both of which I would order again. The caramel mocha had just the right amount of caramel and I could still taste the coffee flavor.

The sin-a-muffin was a mix between a muffin and a cinnamon roll. Sweet icing was drizzled over top, and I licked my fingers clean.

Besides being delicious, Rise Up's coffee is also locally roasted in small batches. I loved the fact that I was drinking safe, organic coffee.

Customer service is always important to me, and I don't think Rise Up employees could have done a better job. With several people in line and at least two cars in the drive through, everyone was still very friendly and welcoming. My drink only took a few minutes to prepare as well.



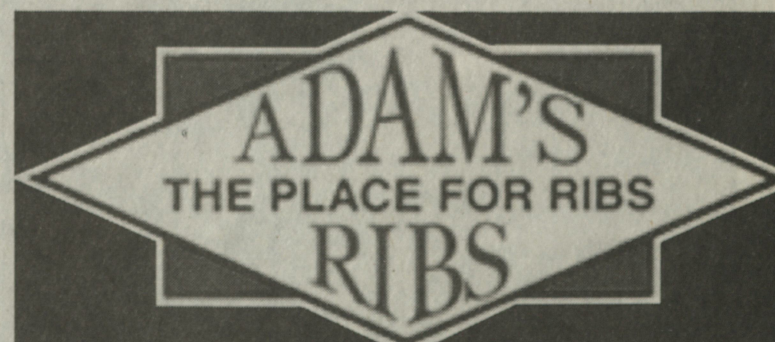
Submitted photo
Located on Riverside Drive, Rise Up proudly serves organic coffee.

Rise Up has a few locations besides Salisbury, and you can find them in St. Michael's and Easton.

Rise Up earns 5 out of 5 stars for its delicious food and welcoming atmosphere. If you are looking for a new coffee shop, Rise Up is sure to be a winner.

Price: \$2-5
Gull Card: No
5/5 stars

WEEKLY SPECIALS



MONDAY

MEATLESS, MEATLOAF AND MGMS
\$10 vegetarian selection and meatloaf receive free M&Ms
Wine \$4 by the glass

TUESDAY

TRIVIA NIGHT @ 7:30PM
Win \$75 in gift cards
\$6 APP Night
\$3.50 Pint Night (keep the pint)

WEDNESDAY

RIB NIGHT
1/2 Rack of Ribs for \$10
Full Rack for \$15
\$3.50 imports and craft bottles

THURSDAY

\$10 STEAK NIGHT
8oz. New York Strip with a baked potato & side salad \$10
Order a 16oz. for \$15
Pitcher and a pound of shrimp \$20 or wings \$15
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Men's Lacrosse Win '13 Opener

BY AMY MCFARLAND
Staff Writer

With a combination of new and old players, the No. 3 Salisbury University Men's Lacrosse kicked off the 2013 season with a win of 17-3 over Greensboro College on Sunday. The Gulls boasted ten national championships and 17 Capital Athletic Conference championships coming into the game, but their future was unpredictable after graduating 18 seniors and adding many new faces to the 2013 roster.

Greensboro's Pride challenged the new SU starters within the first minutes when attackman Scott Schowalter scored unassisted on SU goalkeeper Alex Taylor at 13:45. Despite the early setback, Taylor bounced back with 16 saves during his 56 minutes of play.

"That was just a lucky bounce, and the ball just popped to the guy so that it was one on one," Taylor said. "That's not going to happen the rest of the game; our defense is just too good."

The defense stepped up as Greensboro struggled to get control of the ball, leading to a goal by senior Eric Kluge, assisted by senior Evan Hammersly for a tie of 1-1 at 10:15 in the first quarter. The Pride could not get past Taylor and the Gulls defense, resulting in another SU goal and assist by senior Stephen Norris and attackman Rhett DePol with four minutes left in the first quarter.

Salisbury continued its attack as junior defender Zeke Smith scored unassisted, setting the score at 3-1. The Gulls would follow his suit with two more unassisted goals in the final minutes of the first quarter by senior Ryan Clarke and midfielder Greg Korvin to leave the score at 5-1.

The second quarter opened with a Greensboro shot and a save by Taylor, who sent the ball back up to SU's attackers. After holding and slash penalties on both teams, Clarke would score again unassisted with ten minutes left in the half. It remained the lone goal of the second quarter after both offenses struggled to find the net, leaving the score 6-1 at half time.

SU came back out determined to increase the lead with a goal by attackman Wade Korvin, assisted by Clarke at 13:59 in the third quarter. Korvin, a sophomore transfer from Bryant University, continued a solid performance with four points.

"Wade Korvin definitely stepped it up today," Head Coach Jim Berkman said. "We were definitely pleased with that."

Clarke followed Korvin's point with another unassisted goal, widening the gap at 8-1. Senior Midfielder Brett Baer jumped to block a response by the Greensboro offense, but could not get past Greensboro goalkeeper Mitchell Kanowicz. The Pride threatened with their second goal to change the score to 8-2, but SU responded with another goal and assist by Korvin and DePol.

Two more points were added by midfielder Greg Korvin, assisted by Wade Korvin and Kluge, assisted by Clarke for a score of 11-2. Freshman Brady Dashiell pitched in with an unassisted point and midfielder Chris Blank wrapped up with a goal assisted by Brandon Kendrick, leaving the third quarter at 13-2.

The Gulls refused to let up as Clarke assisted another goal by Wade Korvin within the first minute of the last quarter. The Pride tried to respond, but a defensive effort by Knute Kraus kept the ball back up at SU's attack line. After attempted shots on both sides, Greensboro's offense tried to fight back with a goal by Charles Stringfellow at 4:44.

Salisbury responded as midfielder Adam Stork scored, assisted by Dashiell for a lead of 15-3. Salisbury's defense would not budge again, holding the Pride to only 3 points and 29 shots at goal.

"We had dominating, smothering defense that didn't give many opportunities and they allowed the offense to have a little bit more breathing room," said Berkman.

SU finished strong with a goal by Hammersly, assisted by DePol and one last point by mid-fielder Mike Kane, assisted by attackman Jesse Rabishaw with just 20 seconds left in the game. Salisbury sent Greensboro home with a final score of 17-3.

"There's a lot of new guys on the team this year so we're kind of feeling it out with our first game, but a lot of guys stepped it up so it feels good and it's a good win for us," said Clarke.



Photo by Mary Bell
Junior Midfielder Greg Korvin makes a pass to his teammate as they spread the field for play.

Clarke's new teammate Korvin shared his optimism and expressed his hopes during his first season as a Seagull.

"The first game in maroon and gold felt amazing, and to be part of this program is something else," Korvin said. "I want to win a national championship to be honest. I'm not worried about stats."

The Gulls travel to Lynchburg College on Saturday for their next game at 1 p.m.

Women's Basketball falls to Marymount after "hard-fought battle"

BY SAMANTHA BABO
Staff Writer

The Salisbury University women's basketball team squared off against Marymount University for the second time this season Wednesday night. After a hard-fought battle, the Lady Gulls left it all on the court but ultimately fell short with a score of 67-48, moving their record to 10-11 for the year.

During the game there was a lot of chemistry between the girls and their play reflected that chemistry, which is why this loss hurt the team so much. The ladies just weren't able to hold off the offensive attack of the Saints.

It was a close contest to start the night with Salisbury and Marymount exchanging leads, but Marymount came out firing in the second half, taking the lead for good. The Saints took advantage

of the Sea Gulls' costly turnovers within the last five minutes, which put the game out of reach for the Gulls. The Saints were a very aggressive and fast-paced team coming in with a record of 19-4, so Salisbury knew they were in for a tough matchup.

Sophomore Courtney McManus showed her offensive skills by chipping in 15 points, eclipsing her career high thus far at SU. McManus went an impressive 3-6 from downtown on the night, which seemed to be her favorite spot on the court. McManus played with guts and led a gritty effort against the Saints, especially when challenging them with her defense, while also contributing five rebounds in the second half.

"We definitely will have to work harder at our next practice and work on committing fewer turnovers against Frostburg because that was the

biggest issue in this game," McManus said.

Freshman Kayla Toole had an impressive showing in her first start for SU, scoring nine points and playing tough defense, while also contributing on the boards. Senior stand-out Katie McGahagan again came up big for the Seagulls with nine points, while also serving as the clear-cut emotional leader on the court for this team.

Despite this loss, the Lady Gulls bounced back with a win against Capital Athletic Conference rival Frostburg State University on Feb. 9. Then they'll head west to Washington D.C. to face off against Trinity University on Monday night at 7 p.m. for an intriguing out-of-conference battle in our nation's capital. These two upcoming games are critical for the Seagulls as they look to redeem themselves and get their record back above .500 for the season.

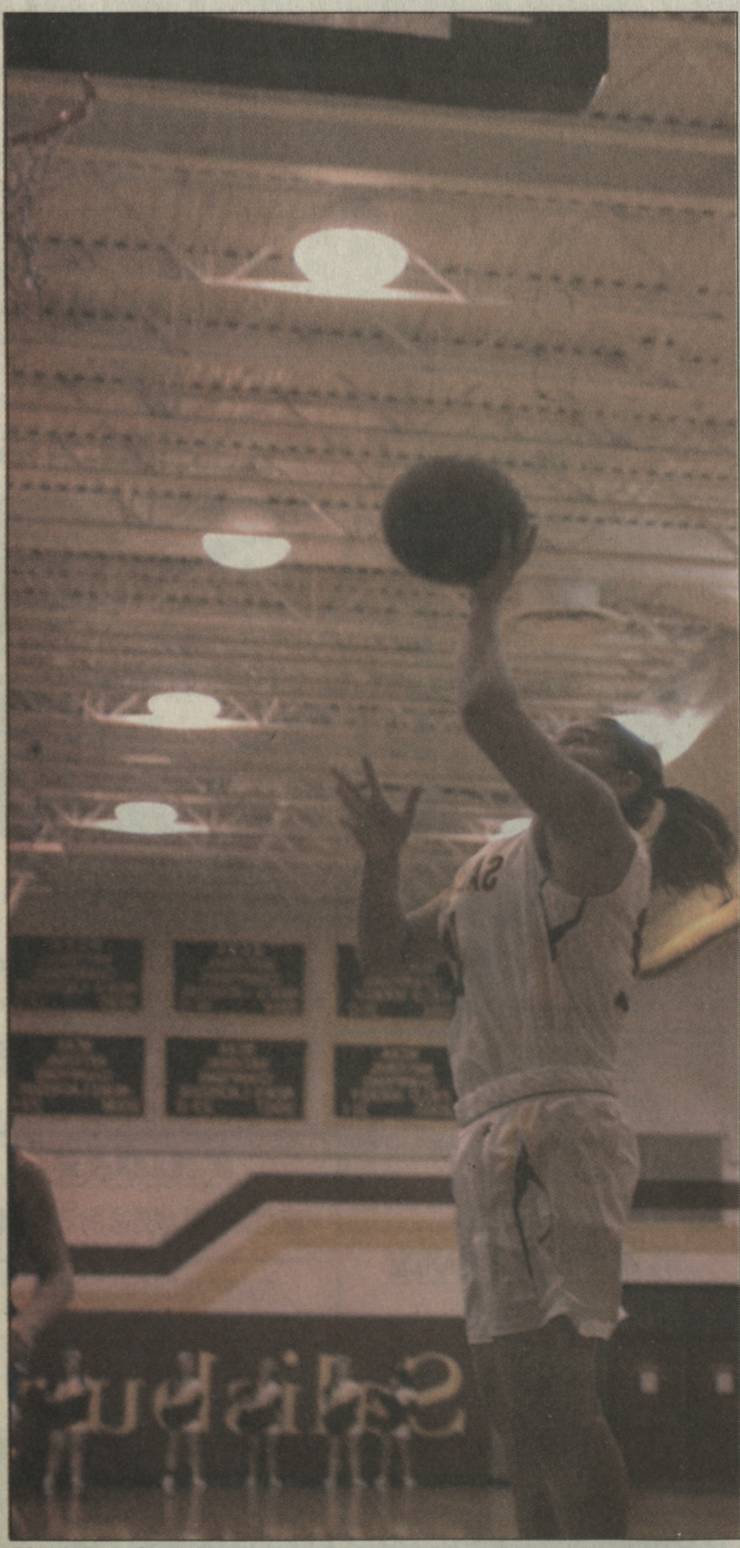


Photo by Kevin Cunningham
Lady Gull goes for a lay up against the Marymount Saints.

Intramural Sports: Where there's an athlete in everyone

BY AMY MCFARLAND
Staff Writer

The 2013 spring intramurals program is approaching quickly and this year has a bit of everything to offer for SU students. From team sports like basketball and volleyball to individual events like Rock, Paper, Scissors and March Madness, there is something for both the competitors and those who are simply looking for a fun activity.

The 2013 season may have a large turnout since there are more events that may be less of a physical challenge and less time consuming. March Madness is an easy one day event where participants will compete by picking the winning teams of the tournament.

"We try to offer something for everybody so you don't have to necessarily be really athletic," said Wayne Gorrow, Assistant Director of Campus Recreation.

There are also events for those who may not prefer the

traditional team sports but still want a physical challenge. There will be a rock wall competition, as well as some unique events such as disc golf and inner-tube water polo.

Though the intramurals program has something to offer for everyone, Gorrow said there have been complaints about the shortness of each season. Most of the sports have four games each regular season, and a team must win at least two of those games to advance to the playoffs.

"If we had more courts we could possibly give them more games, but it's kind of tight and we're sharing with athletics plus physical education in the building," Gorrow said. "But overall, intramurals is obviously very popular, and I think the kids enjoy it. It's fun and takes a little stress out of studying and homework during the week."

While there is a wide range of activities being offered, Gorrow said that softball and basketball usually receive the biggest turnouts. Gorrow said there are about 60 teams signing up for basketball this year, and there were 100 teams that

played softball in the 2012 season. The large turnouts show that there is a demand for extra activities for students who may be athletic but enjoy playing a sport for fun rather than to compete at a more serious college level.

"I think they like playing and they like the competition. They may not have the opportunity to play here in college but they still want to compete and have fun, and it's fun to play with your friends too," Gorrow said.

The total list of spring events includes five-on-five basketball, the mags pool pentathlon, March Madness, softball, volleyball, inner-tube water polo, disc golf, golf, the Rock Wall Competition, kickball and Rock, Paper, Scissors.

The entry deadline for basketball has passed, but students may enter for the Mags Pool Pentathlon by Friday, Feb. 15 and other sports entry deadlines are in March through May. Visit www.salisbury.edu/campusrec to check on deadlines or sign up for a team or an event.

SU Men's basketball edge out Marymount to host first CAC playoff game

BY SAMANTHA BABO
Staff Writer

The Salisbury University men's basketball team ripped through Marymount University for the second time this season on Feb. 6 in Mags Gymnasium.

With the final score of 70-52, the men's team now has the record of 15-7 and 6-3 in the Capital Athletic Conference. This win was a great success for the Sea Gulls guaranteeing their first CAC home playoff game in over ten years.

Early in the game the Sea Gulls were able to gain a huge lead against the Saints by controlling the entire first half, leading by eight or more points. With the team's hard-hitting defense, they were able to create two turnovers from the Saints within the first two minutes of the game giving SU the lead to start their night.

By half time the Sea Gulls were able to maintain the lead with the score of 33-26. After half time, things got a little shaky but the Gulls were finally able to seal the deal by communicating together and playing hard.

Senior Travon Vann scored the highest amount of points with a total of 17 and 4 assists. Vann, who is a starter for the men's team, was able to make plays and see opportunities on the court which showed why he is a team player.

Junior Tim Harwood was able to capitalize off of the Saints' mistakes and drained two three-pointers within the first five minutes of the game. He contributed a total of 11 points to the game and played at his best ability in order to take down the opposing team's efforts.

Senior Elijah Gore made a memorable impression during this game while scoring three baskets from behind the arc within the first twenty minutes, assisted by sophomore Conor Strickland and junior Brandyn Wilkerson. He was able to average a total of 13 points for the game and three rebounds to help lead his team to this victory.

Freshman Luke Ruland put up 7 points and 4 rebounds against the Saints. In order to get prepped for a big game Ruland says, "I like to listen to music, it doesn't really matter what kind. I like country, rap, basically anything that will get me hyped up."

Ruland, with a 6'9" frame, is a huge advantage for the Gulls and their future; he has already had a terrific season and can only hope for more accomplishments in the years to come.

"We need to keep playing as a team and working hard and the win streak will continue," said Ruland.



Photo by Kevin Cunningham
Senior Guard Travon Vann surpasses the Saint's defence as he floats the ball into the basket for two points.

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#byeongi

Love, Ashley Van-Veen

LOVE

What an amazing few years its
 been at Salisbury, everyone here
 at the Flyer can agree its going to
 be a hard graduation this May
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 tors leave us to go onto bigger and
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It's been real, it's been fun...and
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